

The Impact of our P.E & Sport Funding

Our Lady of Grace Catholic Academy

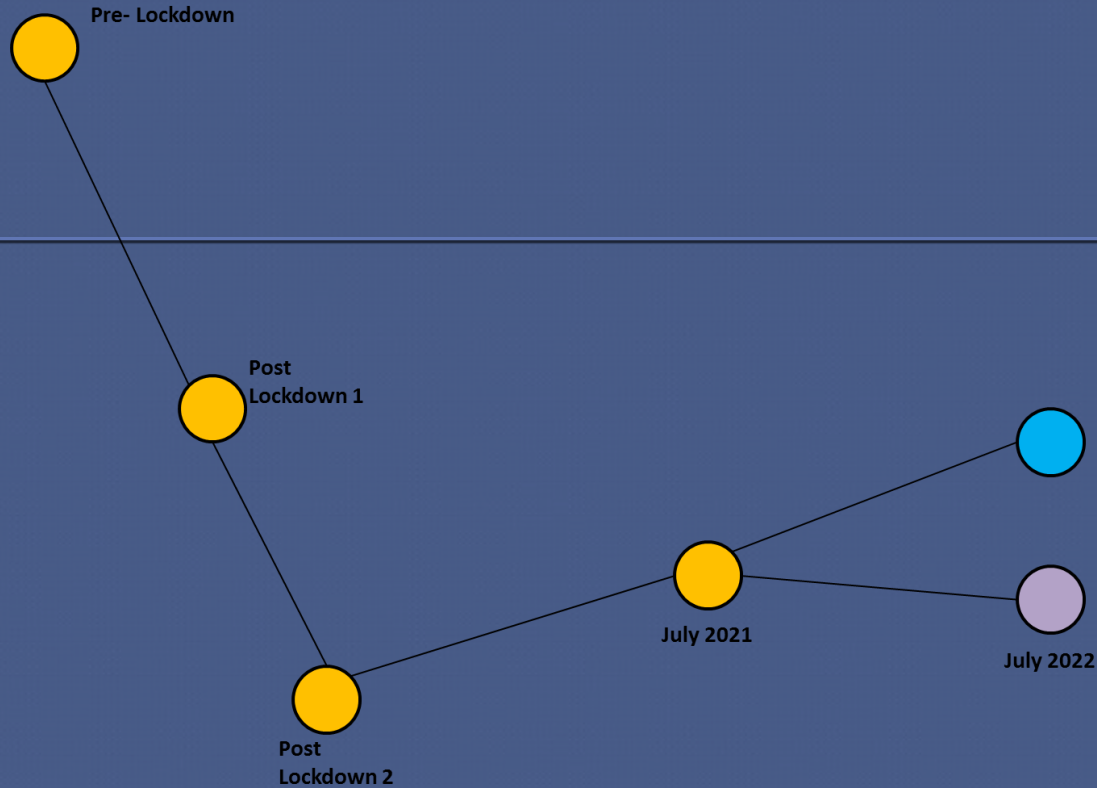
Please feel free to investigate the different ways we have been getting Physically Active!



2023/2024 The Lockdown fightback continues...

- Lockdown forced all of our pupils to be less active, since returning to School we've had lots of fun in P.E and found that some things feel trickier after a big break!
- In 2023/24 our children and Staff are going to have lots of fun getting active. We're going to learn lots, improve skills & work hard to ensure we all get even faster, fitter and stronger!





- **We track our pupils performance in P.E in a range of ways, one method is through tracking cardio-vascular fitness.**
- **Our data shows that our children responded to the return from lockdown favourably. We restructured lessons and staged a fightback. A large percentage of our children have kicked on and have shown real progress in P.E. But as a School we are also aware that we have a percentage of our children who are struggling to shake off the sedentary lifestyle lockdown forced them to adopt. We are aware of this and have planned multiple initiatives as a response.**

Progress in 'The delivery in P.E'

- Every year our teachers evaluate our experiences of P.E.
- 'Green' statements show where our School is doing well, 'Red' shows where we are trying to get better!

	Green	Yellow	Red
OLOG (09/2013)	0	0	49
OLOG (09/2014)	20	24	5
OLOG (09/2015)	30	17	2
OLOG (09/2016)	34	13	2
OLOG (09/2017)	36	9	2
OLOG (09/2018)	39	10	0
OLOG (09/2019)	41	8	0
OLOG (09/2020)	41	8	0
OLOG (09/2021)	41	7	1
OLOG (09/2022)	41	8	0
OLOG (09/2023)	41	8	0

We didn't do much P.E in 2012/13!

Our School is in the process of improving the following areas....

- **Orange 1:** Pupils show very high levels of physical fitness and can work for prolonged periods of time.
- **Orange 2:** Pupils exercise regularly, eat sensibly and know the importance of hydration.
- **Orange 3:** Specialist coaches that are used are very organized and well planned.

Orange 1: Pupils show very high levels of physical fitness and can work for prolonged periods of time.

At OLOG our children found the return from lockdown quite difficult. Over the months since we have returned to School and normality we have worked hard to re-discover our love of physical movement. Our lessons have been restructured slightly to ensure our children are as active as possible within P.E time.

In general throughout the School we have seen an improvement in physical capacity, enthusiasm and resilience within Physical Education. However we know that we can still improve in this area. Lockdown was quite some time ago now and portions of our pupils have rediscovered their love of moving, as we begin 2023-24 we'll continue to improve our children's physical capacity and resilience.

One of the ways we'll continue to address this through ensuring all pupils receive high quality, active, engaging P.E lessons. We're also introducing fitness focused inter-house competitions, awards for effort in lessons, a wider range of extra-curricular clubs and an increased focus on role models. We want our children to dream big and work hard!

We also understand the influence of the family in this regard – to help our pupils we will also hold Active Family workshops so our parents are better equipped to keep this kids moving out of School!

Orange 2: Pupils exercise regularly, eat sensibly and know the importance of hydration.

In addition to all of the above we will also make sure the children (and the wider community) truly understand why it is important to look after their body.

Mr. Sigley and Ms. Boon are in the process of organising a Healthy, Active Lifestyle week. During this week all homework and lessons will have some sort of focus on an aspect of healthy living. We'll also be running competitions for families to participate in outside of School and inviting the children to dress as famous Sports stars on a fun run day.

We believe if we raise pupils understanding of their body and raise their aspirations of what is possible our children will respond accordingly!

Orange 3: Specialist coaches that are used are very organized and well planned.

- ◉ At OLOG we recognise the importance of every lesson, during 2022/23 we hired an external provider to lead our P.E lessons within certain classes at certain points of the year. After careful monitoring we made a decision to no longer work with the organisation.
- ◉ We feel that at our Staff will be placed to deliver an engaging, challenging and structured curriculum for our children. All teaching staff will now benefit from regular CPD with Mr. Sigley and upskilling all our teaching skill will ensure a better P.E offer for all of our pupils.

Our Active Family Workshops came back! – 1st October 2022!



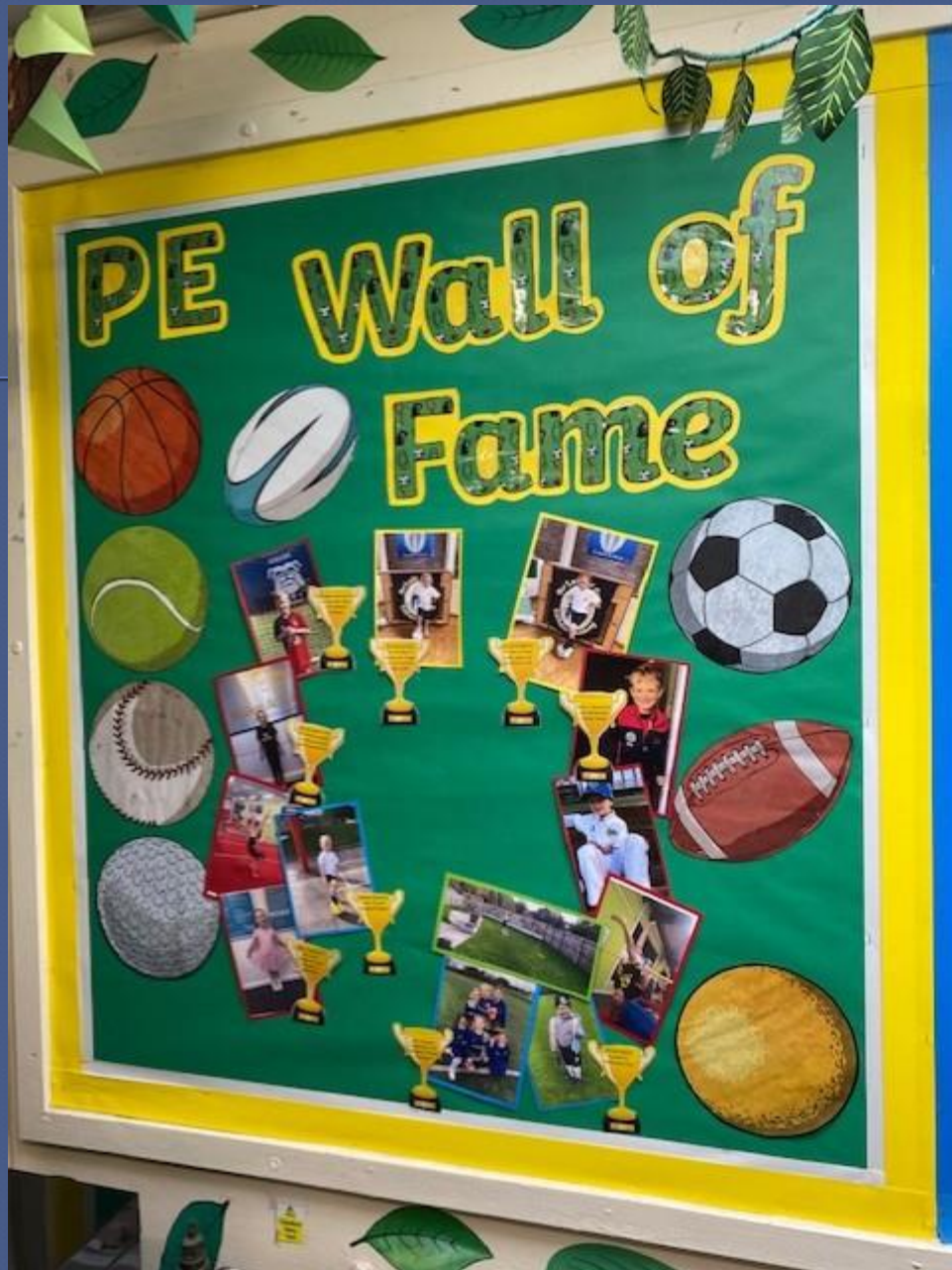
****Swimming at OLOG



Meeting national curriculum requirements for swimming and water safety	Percentages
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	36.4%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]	18.2%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	18.2%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Look out for the Wall of Fame!





At Our Lady of Grace we make sure everybody is challenged to be their best!

- 'Activ8'
- The Activ8 club is for children who are still finding out which type of activities they enjoy!
- The children are hand-picked and work together to get fitter!!!!
- 'Sports Stars'
- Our 'Sports Stars' are a group of pupils who have shown an extra exciting level of potential! This group works hard to get even better at clubs and Special events through the Collegiate.



Look at us in action!



'Sports Stars' inspiration day at Port Vale

