

 <p><b>Read a book</b></p>	 <p><b>Bake a cake</b></p>	 <p><b>Go for a walk somewhere new</b></p>	 <p><b>Play a boardgame</b></p>	 <p><b>Listen to some music</b></p>
 <p><b>Have a dance</b></p>	 <p><b>Do some exercise</b></p>	 <p><b>Have a go at knitting or crochet</b></p>	 <p><b>Get crafting and make a robot</b></p>	<p><b>Make a card for someone special</b></p>
 <p><b>Tidy the toy box</b></p>	<p><b>Clear out the wardrobe</b></p>	 <p><b>Play with toys</b></p>	 <p><b>Write a poem</b></p>	<p><b>Check out free local events taking place near you</b></p>
<p><b>Head out to a local museum</b></p>	 <p><b>Try journalling</b></p>	 <p><b>Host a playdate</b></p>	 <p><b>Visit a local farm</b></p>	<p><b>Head to a play gym</b></p>
 <p><b>Cook a new recipe from scratch</b></p>	<p><b>Practice a musical instrument</b></p>	 <p><b>Do some painting</b></p>	<p><b>Meditate / Practice mindfulness</b></p>	<p><b>Do some drawing / colouring in</b></p>
<p><b>Have a picnic in a local park or enjoy a kitchen picnic</b></p> 	 <p><b>Do a puzzle / word search or Sudoku</b></p>	 <p><b>Play a sport</b></p>	<p><b>Try a new hobby / class</b></p>	 <p><b>Write a story</b></p>