



Archdiocese of Birmingham
Our Lady of Grace Catholic Academy
Principal: Mrs S Rathbone, BA (Hons) NPQH,
Woodland Street, Biddulph, Stoke - on - Trent,
Staffordshire, ST8 6LW
Tel: 01782 512644
E-mail: office@olognewman.co.uk
Website: <http://www.ourladyofgraceacademy.co.uk>



Friday 15th September 2023

Dear Parents/Carers,

National Fitness Day – Wednesday 20th September

On Wednesday 20th September we will be celebrating National Fitness Day in school.

There will be a variety of lunchtime fitness linked activities including throwing and catching activities for Foundation Stage and KS1 and a “plank off” and sit up challenge for KS2.

There will also be an assembly during the day to highlight all of the types of sporting activities available outside of school and how your child could earn a place on our sporting “Hall of Fame”

As sport is the focus of the day, children may come to school in their P.E.kits.

I'm sure this will be an exciting and challenging day for everyone.

Yours sincerely

Mrs S Rathbone

Principal

If you require this document in any other format please contact the office.